

music think inks

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Remember that while it is tempting to blame other people for not helping you or even for double crossing you, keeping your attention on that is taking time from looking at who can help you and how you can learn from that and use the experience to grow from.

To be honest in life it's pretty hard to cruise through without coming across major obstacles no matter who you are. Do you think it was easy for Dave Grohl to deal with the death of Kurt Cobain? It would have been quite easy for him to quit music then and there but he didn't. Tony Iommi could have used getting the tips of his fingers cut off as an excuse and stopped playing. Jeff Healey could have given up because he was blind. And I don't even need to mention Jason Becker!

All of the previously mentioned guitarists went on to greatness and found massive respect because they didn't blame or point their fingers at everything else. They got on with it!

If you take 100% responsibility you instantly shift towards what CAN work. You feel strength in knowing that you are the creator of your career and you are the one that will get you playing as good as, or even better than your favourite guitarists.

Sure, be annoyed for a minute or two when things go wrong but get on to getting good things done quickly, and use your energy to move forward. The truth is that none of us have a perfect journey towards guitar playing greatness, but knowing that you are responsible for doing well, and no one else, is the first step in making that journey pretty damn cool.

I'd like to leave you with some guitarists to look up who have overcome the odds to become great despite the adversities that they faced. Read or check out some videos of Mark Goffney, Django Reinhardt, and a player I mentioned earlier in this article, Jason Becker.

Now get into it and step it up for the next week, and head towards your goals.

I'll catch ya next time with some ways to turn common excuses around and stay focussed!

To Your Success \m/

I AM MINE...TAKING 100% RESPONSIBILITY

IN A perfect world many people would like to take a pill and magically be able to play amazing guitar. Trust me, if I knew of a pill like that I would have taken it years ago.

Reality is though, that there is no magic pill and it takes years of hard work and perseverance to get to a professional level. Yes there will be a lot of challenges but it is through overcoming and learning from those challenges that you become a better player and a better musician.

In this *Music Thinks* series I will show you how to think in order to get you on your way to guitar greatness and not let anything get in your way. To kick things off we will start with perhaps the most important thing of all. This idea really connected with me after reading Jack Canfields 'The Success Principles' and is the first principle in his book;

TAKE 100% RESPONSIBILITY!

Can't find a teacher? So what; Jimi Hendrix didn't have a regular teacher. No money? Find ways to make some. It is your responsibility to make sure that you become a great player, no one else's. No one else can exercise your fingers for you.

**"No one else can exercise
your fingers for you"**